

Instructor

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You will not be able to help someone in crisis until you have developed a biblical view of God's purposes for and control of suffering and an ability to identify clearly the two natures inside the believer and how they are manifested in trials. If you are biblically dealing with the idols of your sin nature and yielding to the Divine Nature during stressful times, you can help others. (Romans 15:14; Galatians 5:16 - 6:3)

Required Texts

The mini-books listed below are LifeLine Mini-Books and may be ordered from www.shepherdpress.com or Walmart, among others. They also may be purchased on Kindle or E-Pod. [Suggestion: Purchase two copies of each mini-book so you will have one to write in and one to loan out to counselees.]

1. Howard, Deborah. *Help! Someone I Love Has Cancer*. Wapwallopen, PA: Shepherd Press, 2010. ISBN 9781633420120
2. Weems, Reggie. *Help! I'm Living with Terminal Illness*. Wapwallopen, PA: Shepherd Press, 2017. ISBN 9781633420540
3. Craig, Barrett. *Help! I've Been Traumatized by Combat*. Wapwallopen, PA: Shepherd Press, 2015. ISBN 9781633421035
4. Summers, Mike. *Help! My Spouse Has Been Unfaithful*. Wapwallopen, PA: Shepherd Press, 2010. ISBN 9781633420182
5. Newheiser, Jim. *Help! Someone I Love Has Been Abused*. Wapwallopen, PA: Shepherd Press, 2010. ISBN 9781633420069
6. (If you are female) Coyle, Rachel. *Help! She's Struggling with Pornography*. Wapwallopen, PA: Shepherd Press, 2016. ISBN 9781633420335

(If you are male) Croft, Brian. *Help! He's Struggling with Pornography*. Wapwallopen, PA: Shepherd Press, 2010. ISBN 9781633420038
7. Marshall, Ben. *Help! My Teen Struggles with Same-Sex Attractions*. Wapwallopen, PA: Shepherd Press, 2011. ISBN 9781633420304
8. Newheiser, Jim. *Help! I Want to Change*. Wapwallopen, PA: Shepherd Press, 2012. ISBN 9781633420151

9. Trahan, Carol. *Help! I'm Depressed*. Wapwallopen, PA: Shepherd Press, 2014. ISBN 9781633420519
10. Ray, Bruce. *Help! My Friend Is Suicidal*. Wapwallopen, PA: Shepherd Press, 2014. ISBN 9781633420755

Bonus Reading: Coats, Jim and Judi. *Help! My Teen Is Rebellious*. Wapwallopen, PA: Shepherd Press, 2011. ISBN 9781633420489

Course Description

A biblical approach to help individuals, families, and churches counsel and assist people in crisis, to analyze the reason for the crisis, to use Scripture, examples of Bible characters and responses of Christ in order to evangelize lost people in crisis and to equip saints to have renewal and a godly response to crisis.

Learning Objectives

By the end of this course, you should be able to:

1. Study the Bible more contextually and hermeneutically for application in biblical counseling.
2. Gain more confidence in the Bible and the power of the Holy Spirit to meet all spiritual needs in counseling.
3. Learn to identify root problems of symptom sins for the purpose of progressive sanctification and long-term change.
4. Help people to become more Christlike through suffering, trials, and trauma.
5. Comprehend why secular psychology's view of the non-spiritual nature of man and evolution does not help people to change and grow. Unbiblical counseling models, labels, terminology, pharmaceutical treatments, man-centered/humanistic therapy, view of the brain and mind, and replacement of the Bible with DSM manuals are some of their false beliefs, methods, and practices.
6. Help counselees respond to crisis as modeled by Christ's earthly life.
7. Learn the biblical process of victory over a life-dominating sin habit and learn to teach abused or traumatized individuals biblical refocusing and renewing of the whole person.
8. Help families solve marital and teenage problems and respond biblically to divorce.
9. Guide those facing death or the death of a family member.
10. Give homosexuals Bible hope and God's way out of idolatry.
11. Have a Scriptural approach to demonized people, a growing problem that pastors, missionaries and churches will not be able to ignore.
12. Teach people in crisis to glorify God and to exalt His Son by the Scripture and the Spirit and to identify the major missing dynamic in biblical counseling in North America.

Course Activities

Quizzes

Expect one essay quiz on one counseling case using lecture outlines and the mini-book information.

Reading and Listening

On the first day of class, you must submit the hard-copy form stating you have completed all reading and listening assignments. As specified below, you must also submit at the same time ten hard-copy forms with your take-aways on the ten *Help!* booklets, five hard-copy forms on the CoRE Conference sessions, one hard-copy form with a three-paragraph biblical counseling philosophy, and one hard-copy form with your definition of the word *crisis*. These forms will be graded and returned to you on the final day of class.

1. Read the ten mini-books listed in the Textbook section. For each book, write down at least five take-aways that stood out to you and that you plan to use in your counseling ministry. These take-aways could include illustrations (biblical or non-biblical), interpretations, applications, or questions to ask counselees, but you must include two Scripture verses or passages that verify or clarify each take-away point.
2. Listen online to each of the five main sessions of the Bob Jones University CoRE Conference held in February, 2018. Access these at Livestream>BJU> coreconference2018. Write down five things from each lecture that you profited by.
3. Read online the *Bob Jones University's Philosophy of Biblical Counseling* statement. [To access it, Google *Bob Jones University's Philosophy of Biblical Counseling*.] Note: This PDF document contains Endorsements, Preface, Connections and Resources. You need to read only the statement, pages 11-24, for class credit. Write three-paragraphs of your own biblical counseling philosophy aided by the University's statement.
4. Read online the Merriam-Webster definition of a crisis at www.merriam-webster.com/dictionary/crisis. Become familiar with the three points of the definition, then write your own definition from a Christian standpoint.
5. Read in two different conservative (form equivalency) translations the passages listed below. As you read, look for responses to suffering and trauma.

Psalms 1, 10, 13, 23, 73, 103, 119

John 11-19

Romans 5:1-5; 8:15-39

Book of Hebrews

Book of James

Book of I Peter

Test

The course will include an exam to be given the last day of class. The test will be a combination of true/false, fill-in-the-blank, multiple choice, and essay questions.

Course Schedule

Date	What the Lecture Will Cover	Bring to class (with your Bible)
Monday, May 14	Definition of Crisis Counseling Do's and Don'ts of Counseling How to Overcome Dominating Sin Habits	All hard-copy reading and listening forms
Tuesday, May 15	Dealing with Death	<i>Help! Someone I Love Has Cancer</i> <i>Help! I'm Living with Terminal Illness</i> <i>Help! I've Been Traumatized by Combat</i>
Wednesday, May 16	Evening Service: Bitter or Better? Domestic Problems (Communication, Rebellious Teens)	<i>Help! My Spouse Has Been Unfaithful</i> <i>Help! My Teen Is Rebellious</i> (optional bonus)
Thursday, May 17	Essay Quiz Deviant Sexual Desires (Same-Sex Attraction, Pornography, Gender Identity)	<i>Help! My Teen Struggles with Same-Sex Attractions</i> <i>Help! She's Struggling with Pornography</i> (or) <i>Help! He's Struggling with Pornography</i>
Friday, May 18	Drug Addiction (Legal, Illegal, Alcohol)	<i>Help! I Want to Change</i>
Saturday, May 19	Demonism Discipling the Abused and Suffering Depression Suicide Exam	<i>Help! Someone I Love Has Been Abused</i> <i>Help! I'm Depressed</i> <i>Help! My Friend Is Suicidal</i>

Course Policies

Grading

Point Values

Item	Quantity	Points	Total
Mini-Books read and take-away reports written for each mini-book	10	4 each	40
CoRE Conference sessions listened to and take-aways written for each session	5	2 each	10
BJU Philosophy of Counseling statement read and three-paragraphs of personal counseling philosophy written			20

Scripture passages read			40
Essay Quiz	1	10	10
Test	1	80	80
Total			200
Bonus Mini-Book read and take-away report written on <i>Help! My Teen Is Rebellious</i>			4

Scale

- A 90-100 %
- B 80-89 %
- C 70-79 %
- D 60-69 %
- F 0-59 %

Late work will be accepted until the beginning of class on Saturday, May 19, but your grade will be lowered by the minimum of one grade level.